

# Sudden Cardiac Arrest

## Scenario Overview:

Your coworker is clutching his chest, and seems to be in pain. He tries to assure you he is fine, but he suddenly collapses. 2 other coworkers see, and come to your aid.

## Difficulty:

First Aider Moderate

## How the scenario should progress:

The victim, after collapsing should receive CPR from first aider 1, while 2 calls 911 and 3 gets an AED. If CPR is not started after 3 minutes, the patient will die. After 2 rounds of CPR the AED arrives, and after 2 shocks, the patient will start breathing again.

## Actor Tips:

## Patient 1:

**Name:**   **Age:** 21   **Sex:** Male

## Medication:

None Known

## Allergies:

Eggs

## Past medical/family/social history:

Unknown heart condition.

## Findings on examination:

Not breathing, and no pulse.

## Possible treatment from first aiders:

After examining the patient, CPR should be administered and someone should call 911 and get an AED.

Time after start:	Before Cardiac Arrest	1 min.	2 min.	After 2nd AED shock	5 minutes after 2nd AED shock
<b>Response:</b>	Alert	Unresponsive	Unresponsive	Unresponsive	Voice
<b>Airway:</b>	Yes	Yes	Yes	Yes	Yes
<b>Breathing?</b>	Yes	Yes	No	Yes	Yes
<b>Respirations:</b>	Normal	Weak	None	Weak	Getting Better
<b>Pulse:</b>	Strong	Weak	None	Weak	Getting Stronger
<b>Oxygen Sats:</b>	Normal	Low	None	Low	Normal
<b>Pain Score:</b>	No pain	No pain	No pain	No pain	No pain