

Bed Arrest

Scenario Overview:

The first aiders are called to a patient who is lying on their bed at home by a rather panicked family member. The patient will be not breathing. The scenario is all about checking whether the first aiders realise CPR is ineffective if carried out on a bed.

Difficulty:

First Aider Easy

How the scenario should progress:

The scenario should progress like a 'normal' resus scenario until the ambulance arrive. The patient will not start breathing even if shocks are delivered with a defibrillator. You could also get the family member to interact more with the first aiders to test how they communicate and if they comfort them.

Actor Tips:

You could use an actor initially to test how the first aiders remove the patient from the bed but otherwise a CPR doll can be used.

Patient 1:

Name: Brian Brown **Age:** 68 **Sex:** Male

Medication:

Warfarin

Allergies:

None known

Past medical/family/social history:

History of heart disease but it hasn't affected Brian's life too much, he just has to slow down a bit.

Findings on examination:

The first aiders will find the patient not breathing. No obvious injuries. No obvious cause.

Possible treatment from first aiders:

Primary survey followed by CPR and getting help. Request for a defibrillator. The first aiders should move the patient from the bed onto the floor to carry out CPR. If trained, they may also want to use oxygen, airway adjuncts and a BVM.

Time after start:	0 mins
Response:	Unresponsive
Airway:	Yes
Breathing?	No