

A Fast Drunk

Scenario Overview:

The first aiders are covering a local university's students union nightclub style event that happens each week. They have been called to a male who is reported as unresponsive. On arrival, they will find a man lying to one side against a wall apparently not moving. However, when the first aiders start speaking to him will suddenly jump up and start being very loud. The man's sister is also present and is very worried about him. The actions of the man seem unpredictable. The initial presentation will mimic something similar to being drunk (particularly as the man is intoxicated) but he is actually also having a stroke. The patient's sister is present and will be very worried and totally sure that he isn't usually this bad and that something else must be wrong.

Difficulty:

First Aider Moderate

How the scenario should progress:

The man will quieten down after initially being noisy and will be wobbling around all over the place, vomiting. He will also be dropping over to one side and begin to slur his speech. The patient will have more and more obvious stroke symptoms on top of the intoxication symptoms as the scenario goes on. Patient stays alert/voice responsive but will find it more difficult to speak after a bit of time.

Actor Tips:

Try to initially mainly show signs of intoxication with just the stoop to one-side and then add in the more obvious slurred speech as the scenario progresses. Move from alert to voice responsive and back again over the scenario.

Patient 1:

Name: Roger McDonald **Age:** 42 **Sex:** Male

Medication:

Patient has had 4-5 pints but no other drugs.

Allergies:

Prawns

Past medical/family/social history:

His sister says that isn't usually this bad when drunk and says that he really isn't right.

Findings on examination:

No external bleeding. A few bruises here and there. Patient will be FAST positive with arm weakness on one side, some slurring which will get worse over time and some facial weakness. Patient will be vomiting and so will occasionally have to clear his airway. Skin is flushed.

Possible treatment from first aiders:

The first aiders should check the airway is always clear. A thorough history and listening to the relative to notice the stroke. Quick ambulance call for stroke. Communication to calm both patient and sister down.

Time after start:	0 mins
Response:	Alert/Voice varying
Airway:	Occasionally blocked with vomit

Breathing?	Yes
Respirations:	17
Pulse:	120 normal
Oxygen Sats:	95