

# The Dodgy Kebab

## Scenario Overview:

The first aiders are called to a patient at a local community fair who is reportedly 'unconscious and has vomited. On arrival, the first aiders will find the patient slumped in a chair flitting between pain and voice responsive. The patient appears a bit 'sleepy'. The patients clothes covered in vomit. There is a small crowd around. A first aid post is 5mins walk away. This scenario helps the first aiders practice good airway management skills and moving and handling skills. The underlying problem is acute food poisoning.

## Difficulty:

First Aider Moderate

## How the scenario should progress:

If the airway is maintained effectively, the patient can stay as as just 'sleepy', becoming a bit more with it as time progresses until an extrication plan is established and acted upon. If not, the patient will aspirate on their vomit and stop breathing.

## Actor Tips:

Initially be pain responsive only but if your airway is cleared and they are persistent in their response checks, become more voice responsive over time. Act a bit confused and really tired as if you've just done a load of exercise and not really sure why you've felt so ill.

## Patient 1:

**Name:** Steven Garrett **Age:** 28 **Sex:** Male

## Medication:

None Known

## Allergies:

None Known

## Past medical/family/social history:

No past medical issues. Patient lives with family.

## Findings on examination:

Patient is V/P on the AVPU scale. Appears lethargic and tired, unknown cause. Airway is partially blocked with vomit on arrival. FAST negative. Last ate a kebab from a van on the street about 2 hours ago. Patient began feeling ill and tired about 1.5 hours ago (fairly sudden onset) and is covered in sweat. No pain anywhere. No injuries will be found on a head to toe survey. Patient a bit pale and sweating. Patient has never felt like this before. Patient has started to feel a bit better after vomiting. Patient will be very unsteady on their feet if the first aiders try to get them to walk. Patient has not been drinking.

## Possible treatment from first aiders:

Continual airway management. Good history to try and rule out issues such as stroke.

<b>Time after start:</b>	0mins	5mins
<b>Response:</b>	P	V
<b>Airway:</b>	Partially blocked (vomit)	Clear (if cleared)
<b>Breathing?</b>	Gurgling on vomit	Yes

<b>Respirations:</b>	12	14
<b>Pulse:</b>	85 regular	75
<b>Oxygen Sats:</b>	93	96
<b>Blood Pressure:</b>	135/77	130/78
<b>Temperature:</b>	36.8	36.8
<b>Blood Glucose:</b>	4.1	