

# Mind the Stove

## Scenario Overview:

The first aiders are called to a man who has burnt himself whilst cooking. They find the man sat in his kitchen crying and hunched over his right arm. The arm is very red and slightly blistered. You note when he looks to you that his face is also burnt. Any previous hot liquids have been cleared away. This scenario is about initial burns treatment.

## Difficulty:

First Aider Easy

## How the scenario should progress:

The patient will say that the pain feels better when the wound is cooled. You could get the patient to be in shock that eventually leads to deterioration into unresponsiveness.

## Actor Tips:

A good way of simulating blisters is to put down a thin layer of vaseline and lay some single-ply tissue over it.

## Patient 1:

**Name:** Clive Brimmer **Age:** 54 **Sex:** Male

## Medication:

Aspirin, 'Asthma inhalers'

## Allergies:

None Known

## Past medical/family/social history:

Asthma

## Findings on examination:

Arm burn circumferential, starts at elbow and ends at finger, partial blistering. Patient in extreme pain when arm is moved or touched. Burn is warm to touch. Facial burn is superficial only although is causing minor swelling on the right hand side, particularly around lips but does not have a significant impact on the airway.

## Possible treatment from first aiders:

Cool the burn (run under cool water). Cover the burn appropriately. Keep patient warm and consider oxygen if trained.

<b>Time after start:</b>	0 mins
<b>Response:</b>	Alert
<b>Airway:</b>	Yes
<b>Respirations:</b>	23 Regular
<b>Oxygen Sats:</b>	94
<b>Pain Score:</b>	7/10 on arm
<b>Blood Pressure:</b>	110/66

<b>Temperature:</b>	36.4
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<b>Blood Glucose:</b>	4.6
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