

Feeling Faint?

Scenario Overview:

A simple scenario that gets people dealing with the common situation where someone has fainted. The first aiders are at a training session with a number of people who are new to first aid. The heating has been on all day in the building and there are loads of gory pictures up on the screen for the session. Once one of the new people has collapsed onto their desk right in front of the first aiders that your scenario is for.

Difficulty:

First Aider Easy

How the scenario should progress:

The patient will recover quickly after faint.

Actor Tips:

Recover pretty quickly.

Patient 1:

Name: Marvin Moody **Age:** 22 **Sex:** Male

Medication:

None Known

Allergies:

Cats

Past medical/family/social history:

History of low blood pressure and fainting isn't uncommon for them.

Findings on examination:

The patient felt dizzy and light-headed immediately before collapse and looked quite pale. After the first aiders (hopefully) lie patient on the floor, the patient will quickly regain consciousness. The patient will initially be a bit disorientated but quickly recovers. Patient last ate a meal just before coming to the training meeting. They have no injuries except a small bruise on their face where their head hit the desk.

Possible treatment from first aiders:

Quickly move patient off chair and onto floor and put legs up. Monitor patient and take a good history.

Time after start:	0 mins	2 mins	10 mins
Response:	Unresponsive	Alert	Alert
Airway:	Yes	Yes	Yes
Breathing?	Yes	Yes	Yes
Respirations:	19	16	17
Pulse:	110	88	90
Oxygen Sats:	95	96	96