

Aggressive Hyper

Scenario Overview:

The first aiders are called to a patient who has recently been chucked out of a nightclub for being aggressive but now seems to have reduced consciousness and is slumped unresponsive against a wall near the nightclub. A patient's friend is with her and insists they've only 'had a few vodka and cokes' but is acting fair drunk themselves. The friend is unaware that the patient is a type 1 insulin dependent diabetic and does not drink and so has been having coke instead of vodka and coke. This scenario tests the first aiders ability to not assume that the patient is just drunk.

Difficulty:

First Aider Difficult

How the scenario should progress:

The patient will stay fairly similar throughout. The friend has the habit of getting in the way, crouching in and talking to/hugging the patient even during patient assessment.

Actor Tips:

You will stay unresponsive throughout. Try not hyperventilate yourself when acting!

Patient 1:

Name: Susie Charlton **Age:** 22 **Sex:** Female

Medication:

Insulin (but missed one of her injections earlier today)

Allergies:

None Known

Past medical/family/social history:

Type 1 insulin dependent diabetes

Findings on examination:

Patient has been drinking coke so does not smell of alcohol. Has fruity smell on breath. Patient is breathing quickly. Has warm, dry skin. Patient last ate 2 hours ago. Friend notes that the patient had been going to the loo quite a bit and that she'd been pretty thirsty. No injuries will be found on the patient. A blood sugar/insulin kit could be found in pocket.

Possible treatment from first aiders:

Not jump to the drunk conclusion straight away. Consider the possibilities for being unresponsive. Request ambulance. Deal with the friend in a professional manner.

Time after start:	0 mins	2 mins	5 mins	10 mins	20 mins
Response:	U	U	U	U	U
Airway:	Yes	Yes	Yes	Yes	Yes
Respirations:	26 deep	26 deep	28 deep	30 deep	34 deep
Pulse:	98	97	102	102	104
Oxygen Sats:	93 (96 on O2)	90 (95 on O2)	87 (95 on O2)	87 (95 on O2)	80 (95 on O2)
Blood Pressure:	90/50	88/48	86/50	88/50	84/48

Temperature:	37.9	38.9	38.9	38.9	38.9
Blood Glucose:	40.0	40.0	40.0	40.0	40.0